

2017 Landrunner Spring Training Group Runs

*Dates, times and/or locations are subject to change!!!!

Week	2017	Time	Sunrise Time	Half Mar. Distance	Marathon Distance	Location
1	Sunday, January 08, 2017	7:00 a.m.	7:40	3	6	Cancelled due to snow storm: OKC Memorial
2	Sunday, January 15, 2017	7:30 a.m.	7:39	4	8	Date, Time & Location Changed due to ice storm Lincoln Park Golf Course
3	Saturday, January 21, 2017	7:00 a.m.	7:36	5	10	Lincoln Park Golf Course
4	Saturday, January 28, 2017	7:00 a.m.	7:32	6	12	Stockyard City
5	Saturday, February 04, 2017	7:00 a.m.	7:27	5	10	Okay Yeah
6	Saturday, February 11, 2017	7:00 a.m.	7:20	7	14	Changed to Remington Park due to golfing weather
7	Sunday, February 19, 2017	7:00 a.m.	7:13	8	16	Nichols Hills Plaza
8	Saturday, February 25, 2017	7:00 a.m.	7:05	7	14	Bishop McGuiness
9	Saturday, March 04, 2017	7:30 a.m.	6:55	9.3	15.5	Panera Beacon on the Bay
10	Sunday, March 12, 2017	7:00 a.m. DST clocks ahead	7:45:00 DST	10	20	OKCMM Course
11	Saturday, March 18, 2017	7:00 a.m.	7:36	7	14	Cycle 3Sixty Northpark Mall
12	Saturday, March 25, 2017	7:00 a.m.	7:25	10	20	Lake Hefner East Wharf Overflow Parking
13	Saturday, April 01, 2017	7:00 a.m.	7:16	7	14	Oklahoma Christian
14	Sunday, April 09, 2017	6:30 a.m.	7:05	10	20	OKCMM Course
15	Saturday, April 15, 2017	6:30 a.m.	6:57	7	14	Nichols Hills Plaza
16	Saturday, April 22, 2017	6:30 a.m.	6:48	5	10	First Church - Pancake Breakfast - NW 5th & Robinson
17	Sunday, April 30, 2017	6:30 a.m.	6:39	13.1	26.2	OKC Memorial Marathon
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